

Instituto Nacional de Salud Publica

Cuernavaca, Mexico

Project: Migrants in the USA and their families: mental health and vaccination.

This project is located under a line of research called "Equity in health and migration" hosted at the Center for Research in Health Systems and led by Dr. Blanca Estela Pelcastre Villafuerte. The objective of this group is to generate scientific evidence on the conditions that impact the health of population groups living in disadvantaged contexts, to support the development and strengthening of intersectoral policies and programs that promote equity in health. Researchers carry out research aimed at promoting the idea that people can have the same opportunities to develop their maximum health potential, regardless of their social position or other circumstances determined by social factors. The vision of equity that characterizes the work that is carried out, recognizes and documents social inequities as factors that determine inequalities in health. Thus, aspects such as access and quality of health services, coverage of services to specific populations such as the elderly, indigenous people and migrants are addressed, human resources in health, alternative care models, epidemiological profile of groups in contexts of vulnerability, health and nutrition, health needs, life experiences in relation to health, access and quality of food, among others. The approach to the social determinants of health is a frame of reference that guides research, aimed at providing evidence that leads to the design of programs and policies that promote equity in health. Its research offer is divided into three:

- a) Health of indigenous peoples
- b) Migration and health
- c) Governance for global health

Student Responsibilities:

- Database analysis
- Field work at Casas del Migrante
- Survey analysis

[APPLY HERE](#)

Tentative Budget

Item	Cost (USD)
Accommodations & Meals	\$2,100
Placement Fees	\$500
Health Insurance	\$130
Flight	\$700
Total	\$3,430

Please note these are estimated costs, program costs are subject to change.

Requirements:

Graduate Student

Spanish Speaking preferred, but not required

Length of Program:

Approximately 6 weeks during June/July 2022

This program is eligible for funding from the GHI Scholars Scholarship Award. **[APPLY HERE](#)**

Program application and scholarship application priority deadline:
January 23, 2022



Instituto Nacional de Salud Publica Cuernavaca, Mexico

Project: Obesity, Diabetes, and Cardiovascular Disease

The Center for Nutrition and Health Research (CINyS) work influences public policies and programs to ensure their design, based on evidence, and participate in the evaluation of the programs in order to provide feedback for the strengthening and documentation of their effectiveness and their cost-effectiveness. Currently, adults in Mexico consume a quarter of their daily energy from ultra-processed products and non-basic foods high in fat and sugar, as well as from sugary drinks. These eating patterns contribute to the high prevalence of overweight and obesity, which is currently 72.5% in adults, as well as other chronic non-communicable diet-related diseases, such as diabetes (13.7%), and high blood pressure (43.6%). The objective of the projects that the INSP develops is the design, implementation and evaluation of research projects aimed at studying the Mexican population with overweight, obesity, diabetes and hypertension to promote healthy and sustainable eating.

Student Responsibilities:

- Database analysis
- Field work in their own campaigns or projects
- Survey analysis

[APPLY HERE](#)

Tentative Budget

Item	Cost (USD)
Accommodations & Meals	\$2,100
Placement Fees	\$500
Health Insurance	\$130
Flight	\$700
Total	\$3,430

Please note these are estimated costs, program costs are subject to change.

Requirements:

Graduate Student

Spanish Speaking preferred, but not required

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